



# DentDays - CE Day 2023

DNTL-DENTO181-001

**Saturday October 28<sup>th</sup>, 2023**  
**Halifax, Nova Scotia**



<b>Registration link</b> Dal.ca/dentistry/cde	<b>Check-in</b> 8:00 am to 8:30 am	<b>Location</b> Dalhousie University, Faculty of Dentistry, 3 <sup>rd</sup> Floor		
<b>Presentation Times</b> <b>AM Session</b>   8:30 am to 11:30 am <b>PM Session</b>   12:30 pm to 3:30 pm	<b>CE Credits</b> AM Session PM Session	<b>CE Hours</b> 3 3	<b>Total</b> 6 hours	<b>Fee</b> <b>DDS</b> \$440 <b>ADHP</b> \$190 <b>Early Bird*</b> \$490 <b>Regular</b> \$240 <small>* Early Bird rates valid till October 15, 2023</small>
<b>Schedule</b> <b>Esthetic YET time efficient composite veneers</b>   Dr. Augusto Robles <b>Know your patient's TMJ complex baseline before dental procedures and manage common TMDs in a dental office</b>   Dr. Yang Gu <b>Ergonomics, wellness, and the dental professional: The importance of self-care while providing care</b>   Nadine Hassanain <b>Oral care for persons with intellectual disabilities: Barriers to accessing care and practical advice for oral health professionals</b>   Drs. Heather Carr, Tracy Doyle & Evan Shaw				<b>8:30 am to 11:30 am</b> <b>12:30 pm to 3:30 pm</b> AM Session 1                      PM Session 1 AM Session 2                      - AM Session 3                      - -    PM Session 2
<b>Esthetic YET time efficient composite veneers</b> <b>Augusto Robles, DMD, MS</b>   Course Code DNTL-DENTO181-002&005   AM Session 1 & PM Session 1   Lecture & Hands-on   3 hours Through the utilization of a digitally designed printed matrix, we can create highly esthetic restoration in a very time-efficient manner. The goal is to elevate the esthetic outcomes in our daily practice while maintaining costs and time usage under control. This course is designed to present the benefits of the Digitally fabricated matrix system and contrast with other available treatment options. 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## **Ergonomics, wellness, and the dental professional: The Importance of self-care while providing care**

Nadine Hassanain, RDH, BSc | Course Code DNTL-DENT0181-003 | AM Session 3 | Lecture In-Person | 3 hours

The nature of our work and the settings in which we practice puts us at high risk for long term musculoskeletal injuries and chronic pain. Not only does this affect the quality of care we provide and prevent us from working, but it can also negatively impact our wellness and overall personal wellbeing.

### **Learning Objectives**

- Discuss prevalence of musculoskeletal disorders and postural related health concerns among dental professionals.
- Review functional ergonomic principles.
- Reflect on the unique needs in our work environment and necessary changes to promote our own optimal wellbeing.

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## **Oral care for persons with intellectual disabilities: Barriers to accessing care and practical advice for oral health professionals**

Heather Carr, BSc Hon, DDS | Tracy Doyle, BSc, DDS, MSc, FRCDC | Evan Shaw, DMD, FRCDC | Course Code DNTL-DENT0181-004 | PM Session 2 | Lecture In-Person | 3 hours

Oral health care is one of the top unmet health care needs amongst the special needs population including individuals with intellectual and developmental disabilities (IDDs). A significant percentage of persons with IDs do not have a dental home, have difficulty accessing quality oral health care and are at an increased risk for dental caries, periodontitis and poor oral hygiene. Barriers to accessing care include but are not limited to cost, fear and anxiety, lack of perceived need for dental care and lack of practitioners willing to treat this population due to a lack of education in the undergraduate curriculum and a lack clinical experience. Strategies have been described in the literature with evidence from clinical practice to support patients in the dental office. These strategies include desensitization, use of social stories and modifications to the dental environment to address the patient's unique needs. The oral health status of persons with IDs will be reviewed as well as access to care concerns across Canada. The Canadian Dental Association strategies on access to care will be discussed considering the recent federal investment in oral health care for vulnerable populations. Practical tips to improve delivery of dental care in dental office will be discussed as well as existing resources for dental professionals. Opportunities exist for dental professionals to get involved in advocacy efforts to improve access to care for this vulnerable population and these initiatives will be highlighted, with the ultimate goal of fostering good relationships between dental practitioners and the IDD population.

### **Learning Objectives**

- Describe the oral health status of persons with IDs.
- Discuss the barriers that persons with IDs face when accessing oral health care.
- Provide practical advice for oral health professionals to improve in office care for patients with IDD.
- Introduce specialized oral care aids to facilitate home care for patients with IDs.
- Highlight avenues for advocacy to improve access to care for patients with IDs.